

Contact details
St David's School
Ramstein
Germany

Contact names and
numbers:
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Assistant Head
Teacher/ SENCO:
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E.L.S.A.

Emotional Literacy Support Assistant





Every Child Matters

What is an Emotional Literacy Support Assistant.

What is ELSA?

An ELSA is an **Emotional Literacy Support Assistant**.

An ELSA works alongside the assistant head teacher and the child's teacher.

The post of an ELSA is held by a trained member of staff at St David's school.

An Emotional Literacy Support Assistant is there to support a child's development in learning. The ELSA will also support the child in other relevant areas such as:

- Developing a child's self-esteem and encourage positive interactions with other.
- Helping a child to understand how they feel and how to progress forward and use those feelings to enhance their learning.
- Strengthening the child's friendship and social skills.
- Provide support in situations such as bereavement or loss of any kind including military deployment and times of change/transition.

How does ELSA work?

- The child has a regular one to one with an ELSA.
- Each session lasts between 20-45 minutes, once a week.
- Every session takes place in a comfortable familiar environment, in order for the child to feel relaxed and secure.
- Each session has an objective and delivers planned tasks to increase emotional literacy support.
- An example of a session may be: roleplay, games, crafts, talk time for discussions.
- Some sessions may involve group participation.
- The main focus of any session is for the child to feel valued, heard and have a positive belief about themselves.

We hope to work together with you the parent/carer to provide the best for your child. **All ELSA work is strictly confidential** and is done with supervision from SENCO.

As a parent/career we would be grateful if you would inform us of any problems which you feel may be affecting or causing you concern relating to the child's learning development. You are also invited to talk to your child's ELSA at any