



Accessing Child and Adolescent Mental Healthcare in EJSU

Information for patients and parents

From 27th August 2019, you can follow the steps below to access Child and Adolescent Mental Health Service (CAMHS) in EJSU:

- Book an appointment with your GP. Your GP can help with many common mental health conditions, by providing support and medication if appropriate.
- Your GP can also refer patients aged 5-17 to our remote CAMHS team, including a CAMHS nurse and psychiatrist.
- The remote CAMHS team has English-speaking mental health clinicians who can provide support via secure video consultations on your laptop or smart phone.
- Both our GPs and remote CAMHS team can manage mild to moderate mental health conditions.

If you are based in EJSU and want to talk to somebody about mental health, call your local medical centre.

SHAPE Medical Centre: +32 (0)65 44 5824

SSAFA GSTT CARE LLP

SSAFA GSTT Care LLP is a Registered Company, Number OC333462
Registered Address - Queen Elizabeth House, 4 St Dunstan's Hill, London, EC3R 8AD

www.patient-wise.de